

# 5K Fun Run & Walk



<http://www.stjoevanschool.org>

5k Run & Walk 8:00am  
Kids Dash 9:00am

Saturday, September 12<sup>th</sup>, 2009  
St Joseph Catholic School  
6500 Highland Drive Vancouver, WA

## Instructions:

1. Clearly print your information in the blanks provided. One entry form per person.
2. SIGN WAIVER (Entry will not be accepted without the signed waiver)
3. **Make Checks Payable to: St. Joseph Catholic School**
4. **Mail to:** St Joseph Catholic School Attn: **Becki Garrow** 6500 Highland Drive, Vancouver, WA 98661

## Event (Choose One)

- 5k Run - \$20 (includes t-shirt) T-Shirt Size: Adult Child (circle one) XS S M L XL
- Walk - \$20 (includes t-shirt) Estimated Finish Time: \_\_\_\_\_
- 5k Run - \$10 NO SHIRT
- 5k Walk - \$10 NO SHIRT
- Kids K – Free without a t-shirt -Kids must be registered with signed waiver by a parent/guardian
- Kids K - \$10 with kids t-shirt

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Age: \_\_\_\_\_ Gender: \_\_\_\_\_ Phone: \_\_\_\_\_

Email: \_\_\_\_\_

## WAIVER MUST BE READ, SIGNED AND MAILED WITH ENTRY

OFFICIAL WAIVER: I acknowledge that a Sports Event is a test of a person's physical and mental limits and carries with it the potential for death, series injury, and property loss. I HEREBY ASSUME THE RISKS OF PARTICIPATING IN THIS EVENT. I certify that I am capable of completing all disciplines of the event, and that I am physically fit and that I have sufficiently trained. I agree to abide by the competitive rules. I hereby take the following action for myself, my executors, administrators, heirs, next to kin, successors and assigns, or anyone else who might claim or sue on my behalf, and I hereby waive, release and discharge from any and all claims, losses, or liabilities for death, personal injury, partial or permanent disability, property damage, medical or hospital bills, or theft which may arise out of or relate to my participation in this event. I agree not to sue, and to hold harmless any and all persons, sponsors, volunteers, participants or government agencies for any and all claims or liabilities that I have waived, released or discharges herein. THE ENTRY FEE IS NON-REFUNDABLE.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Signature of Parent or Legal Guardian if participant is under the age of 18)