



ST. JOSEPH
CATHOLIC SCHOOL

HEALTH GUIDELINES

PLEASE DO NOT SEND AN ILL CHILD TO SCHOOL. There could be some serious health problems for yours or other students. If your child is ill or his/her fever is higher than 103°, you should contact your health care provider for advice. If you need help in finding a health care provider, you may call your local health department.

Some students have medical conditions that can become life threatening when exposed to: measles, strep, chickenpox/shingles, fifth disease, Rubella and hepatitis. If your child is diagnosed during the school year with any of these diseases, please call the office immediately.

WHEN SHOULD I KEEP MY CHILD HOME?

STUDENT'S SYMPTOMS/ DIAGNOSED ILLNESS:	STUDENT MAY RETURN TO SCHOOL WHEN:
1. Fever greater than 100° (orally) >>>>>	1. Temperature below 100° (orally) for a minimum of 24 hours WITHOUT use of Tylenol® or other fever-reducing medications
2. Rash or rash with fever-new or sudden onset. >>>>>	2. Rash disappears.
3. Brown, gray, tan or yellow drainage from nose, eyes, or any other part of the body. >>>>>	3. Discharge must be gone or student must have been on antibiotics for 48 hours.
4. Vomiting. >>>>>	4. Symptom-free for 24 hours.
5. Diarrhea: 3 loose or watery stools per day. >>>>>	5. Symptom-free for 24 hours.
6. Cough, deep, barking, congested, or producing colored mucous. >>>>>	6. Symptom-free or student must have been on antibiotics for 48 hours.
7. White, clay colored, or bloody stool. >>>>>	7. Symptom-free.
8. Yellow color of skin and/or eyes. >>>>>	8. Symptom-free.
9. Brown or bloody urine. >>>>>	9. Symptom-free.
10. Stiff neck >>>>>	10. Symptom-free.
11. Unusually sleepy, lethargic or grumpy. >>>>>	11. Symptom-free.
12. Strep throat diagnosed by M.D. >>>>>	12. Must have been on antibiotics for 24 hours. If no antibiotic given, call school before sending child back.
13. .After an illness of two or more weeks, surgery, or other change in health status. >>>>>	13. Written instructions from the doctor regarding medication or special health needs must be provided to the school.

If your child is sent home with a fever, vomiting or diarrhea, they may not return the following day. They must be symptom-free for 24 hours and have a temperature below 100° without the use of Tylenol® or other fever-reducing medication for 24 hours.

Whenever a major health issue, communicable disease or condition is discovered at school, a notice will be sent home to parents of that class that same day.

*Thank you for adhering to these guidelines
for the safety and health of all our students and staff.*