

CYO FOOTBALL

PROGRESSIVE FOOTBALL DEVELOPMENT FOR K-4 GRADE



[Learn Why Contact Flag](#)

[Watch Video](#)

Fall 2017 Registration Open **SIGN UP NOW!**

Grade K-2 Flag Football

- No tackle, no contact game.
- Players wear shorts, flag belt, cleats.
- 5-on-5, play all positions, smaller field size.

[Learn More and Sign Up](#)



Grade 3-4 Contact Flag Football

- No tackle, limited contact game.
- Players wear helmet, shoulder pads, shorts, flag belt, cleats.
- 8-on-8, play all positions, smaller field size.

[Learn More and Sign Up](#)

How Teams Form: Play for your School or [CYO Sports Zone Team](#)

Saturday Home Games: Seton Catholic, Valley Catholic, La Salle, Jesuit HS.

Regular Season: 9/9 through 10/28.

Practice: Starts after 8/22. Varies by grade and Coach.

Coaches: Trained and certified. Positions open.

Player Eligibility: Open to Private, Public, Home school students.



www.cyoyouthfootball.org



FOOTBALL

