



# GIRLS | BOYS LACROSSE

PROGRESSIVE PLAYER DEVELOPMENT K-12 GRADE

Spring 2019 Registration Open!

**SIGN UP NOW!**

**[www.cyoyouthlacrosse.org](http://www.cyoyouthlacrosse.org)**



We are pleased to offer lacrosse to boys and girls that are interested learning and playing this exciting, fast-growing sport. The program is designed to provide a progressive understanding of the game, develop solid skills and most importantly, to make it all fun.



- **Grade Divisions:** K-2 | 3-4 | 5-6 | 7-8 | 9-12 High School
- **Participants:** Girls (OGLA & WSLA) and Boys (OGLA).
- **Eligibility:** Public, Private and Home school students. Public school students may play CYO if area program does not exist or form team.
- **Uniform:** Participants receive and keep Game Jersey, Short or Skort.
- **Equipment Required:**
  - Girls:** Mouthguard, Goggles, LAX Stick, Athletic Shoes. [Learn More](#)
  - Boys:** Mouth Guard, Helmet, Shoulder + Arm Pads, Gloves, LAX Stick, Athletic Shoes. [Learn More](#)
- **Coaches:** Certified and Trained | Positions open.
- **Game Schedule:** Saturday and Weekdays | April and May
- **Practice:** Begin March | 2-3 days per week.
- **Locations:** [View where teams practice and play games.](#)
- **Sports Zones:** [Check the location of your CYO Sports Zone.](#)



**SIGN UP NOW!**

Catholic Youth Organization  
Lacrosse Grade K-12

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