



School Information: Student meal: \$3.50
 Adult meal: \$4.50 (GF) =Gluten free available
 Ala carte milk: \$.50 (C) = Cheese
 Extra Entrée: \$1.50 (P) = Pepperoni (H)=Plain Burger

**MENU ITEMS SUBJECT TO CHANGE DUE TO SUPPLY ISSUES



Nutrition Tip: Include whole grains. Aim to make at least half your grains whole grains. Look for the words "100% whole grain" or "100% whole wheat" on the food label. Whole grains provide more nutrients, like fiber, than refined grains.



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



5

Pulled Pork Sandwich (GF)
 Baked Beans, Coleslaw
 Fruit

6

Mexi Beef & Pasta
 Corn
 Veggies, Fruit

7

Chicken Noodle Soup
 Breadstick, Veggies
 Fruit

8

Burger (H)(C)(GF)
 Tater Tots
 Lettuce, Tomato, Fruit

9

Fish Sticks
 Beans, Veggies
 Fruit

12

Breaded Chicken Drumstick
 Mashed Potatoes
 Green Beans, Fruit

13

National Cocoa Day
 Pizza (GF)
 Side Salad, Tomatoes
 Fruit

14

Super Nachos (GF)
 Corn, Veggies
 Fruit

15

Mini Corn Dogs
 Fries
 Fruit

16

**1/2 Day
 Christmas Break
 Begins**

19

Christmas Break

20

Christmas Break

21

Christmas Break

22

Christmas Break

23

Christmas Break

26

Christmas Break

27

Christmas Break

28

Christmas Break

29

Christmas Break

30

Christmas Break