

# FEBRUARY 2023

# St. Joseph School

## LUNCH



**School Information:** Student meal: \$3.50  
 Adult meal: \$4.50 (GF) =Gluten free available  
 Ala carte milk: \$.50 (C) = Cheese  
 Extra Entrée: \$1.50 (P) = Pepperoni (H)=Plain Burger

\*\*MENU ITEMS SUBJECT TO CHANGE DUE TO SUPPLY ISSUES



**February is American Heart Month.** Keep your heart healthy by being active every day. Run, dance, walk the dog, climb stairs or play in the snow if you have it.

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

1  
 Spaghetti w/Marinara  
 Side Salad  
 Fruit  
 Garlic Bread

2  
 Chicken Enchilada Bake (GF)  
 Black Beans  
 Veggies  
 Fruit

3  
**Grandparent/Special  
 Friends Day**  
 ½ Day

6  
 Pizza (C)(P)(GF)  
 Side Salad  
 Fruit

7  
 French Dip w/Au Jus (GF)  
 Onions/Pepper, Veggies  
 Fruit

8  
 Breakfast Sandwich  
 Hashbrowns  
 Fruit

9  
 Toasted Cheese (GF)  
 Tomato Soup  
 Fruit

10  
**NO SCHOOL TODAY**  
**Regional Curriculum Day**

13  
 Hot Dog (GF)  
 Chips, Veggies  
 Fruit

**VALENTINES DAY** 14  
 Mozzarella Cheese Sticks  
 w/Marinara  
 Corn, Fruit  
 Sugar Cookie

15  
 Mini Pop Dogs  
 Baked Broccoli  
 Fruit

16  
 Fish Sticks  
 French Fries  
 Fruit

**Zoey Schroeder** 17  
**Choice**  
 Popcorn Chicken  
 Smile Fries  
 Peaches

20  
**NO SCHOOL TODAY**  
**PRESIDENTS DAY**

**Zoey Schroeder** 21  
**Choice**  
 Pulled Pork Sand. (GF)  
 Sweet Potato Mash  
 Mandarin Oranges

**Zoey Schroeder** 22  
**Choice**  
 Split Pea Soup  
 Fries  
 Fruit Cocktail, Churro

**Zoey Schroeder** 23  
**Choice**  
 Lasagna (GF/V)  
 Zucchini  
 Strawberries

**Zoey Schroeder** 24  
**Choice**  
 Pizza (Cheese Only) (GF)  
 Carrots  
 Pineapple, Jello

27  
 Chicken Nuggets  
 Green Beans  
 Fruit

28  
 Burger (C)(H)(GF)  
 Fries, Lettuce, Tomato  
 Fruit

