



PARENTS IN PRAYER

December Saints and Feasts

ST. JOSEPH
CATHOLIC SCHOOL

Month of the Immaculate Conception

December 3

St. Francis Xavier

Prayer:

[Prayer for zeal](#)

Story:

[An Adventure for Christ- 3 min video](#)

[CCC Movie for kids](#) -30 min (also on Formed)

Food:

He was the first missionary to go to Japan, so make a [Japanese](#) dish or grab some sushi from Fred Meyer!

Craft/Activity:

Make [craft spoon/popsicle stick characters](#) to go along with the CCC movie. Learn about [Catholic missions](#).

December 4

St. John Damascene, Doctor of the Church

Prayer: [Collect](#)

Story:

[PWWPN Saint of the Day](#)

[Franciscan Media Saint of the Day](#)

Food:

Make some [Jerusalem bagels](#) (or buy some bagels). Try a new Middle Eastern dish (or grab some hummus and pita).

Craft/Activity:

Display your favorite holy image of Jesus, [color](#)/draw an image of Jesus, or write/read poetry.

December 5

2nd Sunday of Advent- Faith

Prayer:

[Advent Wreath Prayers](#)

Story:

[Loyola Press Readings](#)

Food:

Make [locusts and wild honey](#) in honor of John the Baptist.

Craft/Activity:

[Add the Holy Spirit to your nativity!](#)

Head to [Reconciliation](#) as a family this week.

December 6

St. Nicholas

Prayer:

[Prayer to Saint Nicholas](#)

Story: [Brother Francis \(Day 15 of Advent\) Saint Nicholas](#)

[Saints Stories for Kids Podcast - Ep. 48: St. Nicholas](#)

Food:

[St. Nicholas Cupcakes](#)

[St. Nicholas Chocolate Coins](#)

[St. Nicholas Gingerbread Cookies](#)

Craft/Activity:

[St. Nicholas and Your Shoes! A St. Nicholas Day Tradition](#)

December 7

St. Ambrose

Prayer:

Try praying the [Prayer Before Mass](#) before Mass tomorrow to get everybody ready to be in Christ's Presence.

Story:

[Pope's Worldwide Prayer Network Video](#)

Quick read from [My Catholic Life](#)

Food: He is known as the "Honey Tongued Saint" so make something with honey! Or toss out some "bit o honey" candies after dinner!

Eat a meal by candlelight, because he is the patron saint of candlemakers 😊

Craft/Activity:

Talk as a family about why you are Catholic/ encourage children to ask questions about The Faith.

[Make candles](#) to give as Christmas gifts.

December 8

The Immaculate Conception

*Holy Day of Obligation



Prayer:

[A prayer from Pope Francis](#)

[Litany of the Immaculate Conception](#)

Story:

[My Time with Jesus](#) -30 min episode for kids

[Holy Heroes](#) - 6 min video for kids

[Immaculate Conception explanation](#) - 3 min Ascension Press video

Food:

Eat an all white meal to remember Mary's purity.(Chicken, rice/potato, cauliflower, etc.)

[Meal ideas for the Feast of The Immaculate Conception](#)

Craft/Activity: Make a mini [enclosed garden shrine](#) for Mary.

December 9

St. Juan Diego

Prayer:

[Litany](#)

[Novena](#)

Story: [Saint Stories for Kids Podcast - Ep. 49: St. Juan Diego](#)

[CCC movie for kids](#) -30 mins

[6 Things to Know and Share](#)

Food:

Taco Thursday! Have a fun taco bar dinner!

[Mexican Wedding Cookies](#)

Craft/Activity:

[Brown bag tilmas](#)

[Egg carton maracas](#)

December 10

Our Lady of Loreto

Prayer: [Litany](#)

Story:

[Ascension Press](#)

[5 minute video](#)

Food: Have your favorite Italian dish!

Craft/Activity:

Great day to make a gingerbread HOUSE in honor of Our Lady's house that was transported by the angels.

December 11

St. Damasus I

Prayer:

[Aletia](#) Saint of the Day

Story:

[Pope's Worldwide Prayer Network Video](#)

[Franciscan Media Saint of the Day](#)

Food:

Have a [Roman Feast](#).

Or make [fossil cookies](#)/ eat rocky road ice cream in honor of the patron saint of archaeologists.

Craft/Activity:

Say a prayer or sing/listen to a song in Latin.

Create an archaeological dig or learn more about the catacombs.

December 12

3rd Sunday of Advent- Joy

Gaudete Sunday

Prayer:

[Advent Wreath Prayers](#)

Story:

[Pope worldwide prayer network video](#)

[Holy Heroes Advent Adventure video](#)

[11 Things to know](#)

Food: Celebrate with an all rose (pink) meal (E.g. Ham, pink lemonade, grapefruit, watermelon, etc).

Craft/Activity:

Wear rose (pink) clothes to Mass.

Sing/play songs of joy (play a little Christmas music to get a taste of the season to come, or at least “Joy to the World”)

Ask your priest to bless your Baby Jesus for [Bambinelli Sunday](#) (or have your own blessing).

December 12

Feast of Our Lady of Guadalupe

Prayer: [A Prayer to our Lady of Guadalupe | USCCB](#)

Story: [Our Lady of Guadalupe | Franciscan Media](#)

[Saint Stories for Kids Podcast - Ep. 49: Our Lady of Guadalupe/St. Juan Diego](#)

Food: Anything Mexican! For example:

[Mexican Crispas - Catholic Cuisine](#)

[Cheese Enchiladas - Catholic Cuisine](#)

[Mole Poblano | Catholic Culture](#)

Craft/Activity: Make or bring out your tilmas from Juan Diego’s feast... [St. Juan Diego’s Paper Tilma Craft](#)

[Mexican Flower Craft](#)

[Our Lady of Guadalupe Ornament](#)

December 13

St. Lucy

Prayer:

[Prayer to St. Lucy, for the eyes of the body and those of the soul](#)

[Liturgical Year : Activities : St. Lucia Devotions](#) (prayer at end of the article)

Stories: [Story of St. Lucy, Stories of the Saints Episode 68](#)

[Lucia Morning In Sweden | Saint Lucia Feast Day | Read Aloud Story](#)

Food: [Easy St. Lucy Buns Without Saffron \(A Beginner's Celebration!\)](#)

[Authentic Swedish Recipe For Lussekatter \(St. Lucy Bread\)](#)

For those with food sensitivities, a gluten-free option with dairy free substitutions:
[Catholic Cuisine: Gluten-free St. Lucy Cinnamon Buns](#)

Craft/Activity:

[Felt St. Lucia Crown/Wreath Centerpiece](#)

Tour the Christmas lights in your neighborhood tonight in remembrance of “the Saint of light”

December 14

St. John of the Cross

Prayer: [Novena to St. John of the Cross - Carmelite Sisters of St Teresa](#)

Story: [Saint John of the Cross | Stories of Saints | Episode 116](#)

Food: Try this recipe for [St. John's Cake](#) or try an authentic Spanish recipe such as gazpacho soup or paella!

[Liturgical Year : Activities : Celebrating for the Feast of St. John of the Cross](#)

Craft/Activity:

[Mining Activities and Crafts for Kids \(St. John of the Cross\)](#)

December 16

St. Adelaide of Italy

Prayer: [Christmas Novena - Nine Days of Prayer](#)

Story: [Saint Stories for Kids - St. Adelaide of Italy - Ep. 50](#)

December 17

O Antiphons

[Praying the O Antiphons — Family in Feast and Feria](#)

[Food ideas to celebrate the O Antiphons](#)

[O Antiphon Chocolate Coins](#) (scroll down below the St. Nicholas Day Coins)

[“The Great O Antiphons” Printable Ornaments](#)

December 19

4th Sunday of Advent- Peace

Prayer:

[Advent Wreath Prayers](#)

Story:

[Video of 2014 Bambinelli Sunday](#)

Food: Perfect day for [Sunday Sauce!](#)

[And Baby Jesus Cupcakes](#) 🍰

Craft/Activity:

Ask your priest to bless your Baby Jesus for [Bambinelli Sunday](#) (or have your own blessing).

December 21

St. Peter Canisius, Doctor of the Church

Prayer: [Collect Prayer](#)

Story: [Saint Peter Canisius](#) - Franciscan Media

Food: Try a German food for this German saint!

Craft/Activity: [Liturgical Year : Activities : Celebrating for the Feast of St. Peter Canisius](#) : Make one resolution that will help you build your faith in the coming year!

December 25

The Nativity of the Lord

Prayer: [Celebrating Christmas - Daily Prayers - Creighton University Online Ministries](#)

Story:

[Christmas Story according to Luke](#)

Food: Make a birthday cake for Jesus and sing Happy Birthday!

Activity:

-Attend Christmas mass with your family!

-Wrap the Baby Jesus from your manger and have kids open Him (before any other gifts) and talk about how He is the greatest gift.

December 26

The Holy Family of Jesus, Mary and Joseph

Prayer:

[Daily Catholic Prayer](#)

Story:

[EWTN: Why do we celebrate the feast of the Holy Family?](#)
[Pope's Worldwide Prayer Network video](#)

Food: Eat your favorite family food(s). Or make a meal together.

Craft/Activity:

Pray together! Maybe a family rosary today (Joyful Mysteries).
Have a family game night/do any activity together that you all enjoy.

December 26

St. Stephen, First Martyr

Prayer:

[Pray for Deacons](#)
[Pray for your enemies.](#)

Story:

Acts of the Apostles: 6-7
[Franciscan Media saint of the day](#)

Food:

[Saint Stephen's Horns](#)

Craft/Activity:

[Celebrate Boxing Day](#)

December 27

St. John, Apostle and Evangelist

Prayer: [Prayer to St. John the Apostle](#)

Story: [Saint John the Evangelist](#)-Franciscan Media

Food: [Fun Food for the Feast of St. John the Apostle](#)

Craft/Activity: [Have wine blessed and drink to the Love of Saint John!](#)

December 28

The Holy Innocents

Prayer: [Liturgical Year : Prayers : Holy Innocents or Childermas Day: Parental Blessing of Children](#)

Story: [Feast of the Holy Innocents, martyrs - December 28, 2020 - Liturgical Calendar](#)

Food: [Feast of the Holy Innocents food ideas](#)- Catholic Cuisine

Craft/Activity:

Read the book or listen to this read aloud of the Legend of The Spider Who Saved Christmas, by Raymond Arroyo, which takes place during Mary, Joseph, and Jesus' flee to Egypt when Herod had ordered his soldiers to kill all of the male children age two and under (the Holy Innocents) in an attempt to kill Jesus: [Spider who saved Christmas](#)

December 29

St. Thomas Becket

Prayer:

[Prayer from Boston Catholic Journal](#)

Story:

[Franciscan Media Saint of the Day](#)

Food:

Fish and chips for dinner!
Have an English tea party.

Craft/Activity:

[Coloring Page](#)

December 31

St. Sylvester I

Prayer: [Collect Prayer](#) (see right hand column of page)

Story:

[Franciscan media saint of the day](#)
[7 feast days of Christmas](#)

Food:

Make your own version of [Sylvester's Punch!](#)

Craft/Activity: Ring in the New Year with a family prayer together at midnight. [Liturgical Year Activities : Day Seven ~ Activities for New Year's Eve](#)