

**March**

***Month of St. Joseph***

March 1

**Holy Face of Jesus**

**Prayer:** Scroll down for the [Golden Arrow Prayer](#).

Saint Thérèse of Lisieux had a particular devotion to the Holy Face of Jesus. Here is the [Prayer of St Therese](#) to the Holy Face of Jesus.

[Holy Face Novena](#)

**Stories:** [Holy Face Feast Day](#)

**Activity:** Contemplate [the beautiful mosaic Altar of the Holy Face of Jesus at NYC's St. Patrick's Cathedral](#) and let it lead you to prayer.

**March 1st is also Shrove Tuesday!**

**Stories:** [History of Shrove Tuesday - Catholic Education Resource Center](#)

**Food:** [Shrove Tuesday & Lenten Recipes](#)

**Activity:** Shrove comes from shrive, which means to confess, so try to hit up Confession today



Here are some fun [Tips, Resources, and Activity Printables for Shrove Tuesday](#)

March 2

**Ash Wednesday**



**Prayer:** [A Prayer from Ash Wednesday to Saturday](#)

**Stories:** [My Time With Jesus Animated Ash Wednesday episode](#)

[Brother Francis- Let's learn about Lent \(Formed\)](#)

**Food:** [Super Simple Meatless Meals for Lent - Perfect for Busy Moms!](#)

[Recipes for Lent - Catholic Cuisine](#)

**Activity:** Countdown the days until Easter with this [2022 Printable Lenten Calendar](#) for kids.

[8 Lenten practices for families](#)

Start the [Jesus Tree](#).

March 3

**St. Katharine Drexel**

**Prayer:** [Saint Katharine Drexel Prayer - USCCB](#)

[Devotions and Prayers - Saint Katharine Drexel Shrine](#)

**Stories:** [St. Katherine Drexel felt a compassionate urgency to help change racial attitudes in the United States. - CatholicCulture.org](#)

[Saint Stories for Kids Podcast: Ep. 8 - St. Katharine Drexel](#)

**Food:** Celebrate this Philly Saint by making an [Authentic Philly Cheese Steak](#)

**Activity:** Examine the topic of racism in today's society. Based on what you have learned about Saint Katharine Drexel, what do you think she would do and would want us to do to combat racism at this period in history?

March 4

**St. Casimir of Poland**

\*\*\**Friday in Lent (see below for ideas for observing)*

**Prayer:** [Prayer to St. Casimir](#)

**Stories:** [Kids Video about St. Casimir](#)

[Saint Casimir - My Catholic Life!](#)

**Food:** Today is the first Friday in Lent, where most Catholics will observe an abstinence from meat. Check out [Super Simple Meatless Meals for Lent - Perfect for Busy Moms!](#) or [Lenten Recipes | CRS Rice Bowl](#) and plan to try new ones each Friday of this Lenten season.

**Activity:** It's Friday! Pray the Stations of the Cross every Friday in Lent  Choose from: [Stations of the Cross Video For Kids](#), [Stations of the Cross Printable for Children](#), [Scriptural Way of the Cross for Teens](#) or [Traditional Stations of the Cross by St. Alphonsus Liguori](#)

March 7

**Sts. Perpetua & Felicity**

**Patrons of Mothers & Expectant Mothers**

**Prayer:** [Reflection & Prayers for Persecuted Christians on Feast of Sts. Perpetua & Felicity - USCCB](#)

**Stories:** [Sts. Perpetua and Felicity - Catholic Online](#)

**Food:** Try this ancient Roman recipe for [Ova Sfongia ex Lacte \(Pancakes with Milk\)](#) that Sts. Perpetua & Felicity would have eaten.

**Activity:** Reach out to a friend who's always been there for you and let them know how grateful you are for their friendship 

Consider donating maternity & baby items to [Birthright of Vancouver](#).

[Sts. Perpetua & Felicity Coloring Page](#)

March 8

**St. John of God**

**Prayer:** [Prayer to St. John of God \(patron of heart disease\)](#)

**Stories:** [Saint Stories for Kids Podcast: Ep. 9 - St. John of God](#)

**Food:** Make something [Portuguese!](#)

**Activity:** St. John of God is the patron of book sellers, so make some time to head to our local Catholic bookstore - [Queen of Peace!](#)

[Coloring page](#)

March 9

**St. Frances of Rome**

**Prayer:** [Prayer for St. Frances of Rome | Missionary Society of St. Columban](#)

**Stories:** [St. Frances of Rome - USCCB](#)

[Saint Frances of Rome | Franciscan Media](#)

**Food:** Scroll down for [Spaghetti Alla Carbonara](#) in honor of this Italian Saint.

**Activity:** [coloring page](#)

How can you serve those around you? In your home? In your classroom? In your community?

March 17

**St. Patrick**

**Prayer:** [Lorica](#) (aka St. Patrick's breastplate)

**Stories:** [Saint Stories for Kids Podcast: Ep. 10 St Patrick](#)

[Saint Stories for Kids Podcast: Ep. 99 St Patrick](#)

**Food:** [St. Patrick's Shamrock Eggs and Fruit Rainbows - Catholic Cuisine](#)

[A Ssss-snack for St. Patrick's Day - Catholic Cuisine](#)

[Irish Beef and Guinness Stew - Catholic Cuisine](#)

Scroll down to St. Patrick's Day for [TONS of food ideas to celebrate!](#)

Activity: [Trinity Shamrock "Glory Be" Prayer Poster Craft](#)

[Celebrating St. Patrick's Day With Catholic Kids \(The Ultimate Resource List\) - Catholic Icing](#)

March 18

St. Cyril of Jerusalem

\*\*\**Friday in Lent (see March 4th for ideas for observing)*

Prayer: [Collect](#)

Stories: [Franciscan Media Saint of the day](#)

Food: Try your hand at [homemade falafel](#) for a meatless Jerusalem favorite.

Activity: Spend some time talking about the significance of the city of Jerusalem in Salvation History. What big events happened there?

March 19

St. Joseph, Spouse of Mary



**March 19**

Solemnity of Saint Joseph, Spouse of the Blessed Virgin Mary.

Let us be inspired by the life of Saint Joseph:

His humility, His willingness to listen to the voice of God, His unconditional love and protection for his wife and his child

Prayer: [List of St. Joseph Prayers](#)

[Prayer to St. Joseph after the Rosary | USCCB](#)

**Stories:** Learn about St. Joseph and the festivals, food & fun that surround his day: [St. Joseph: March 19 | saints-feast-family](#)

**Food:** [Authentic St. Joseph's Day Pasta](#) (bread crumbs symbolize sawdust).

[St. Joseph Altars - Family in Feast and Feria](#)

**Activity:** St. Joseph's symbol is the lily (representing purity). Try this quick & easy [How to Make Handprint Lilies](#) craft with your kids.

[St. Joseph Memory Match Playing Cards - Shower of Roses](#)

[Quick and Easy St. Joseph Shrine Craft](#)

[Traditions for the Solemnity of Saint Joseph](#)

March 25

**The Annunciation**

*The Annunciation is a Solemnity, so we get to celebrate & take a break from avoiding meat today!*



**Prayer:** [Pray for 9 months!](#) Or pray any Marian prayer (e.g. Hail Mary, Memorare, Hail Holy Queen, or the rosary) today.

**Stories:** Luke 1: 26-38

[Franciscan Media Saint of the Day](#)

[My Time with Jesus](#) (30 min animation)

**Food:** [Waffles for Our Lady's Day- The Solemnity of the Annunciation](#)

**Activity:** [Paper Marian Vase and Bouquet Craft](#)