

Physical Education Year At A Glance

Teacher: Payton Irvin

	September	October	November	December	January	February	March	April	May	June
Kindergarten	Movement, Directions and Cooperative Activities	Locomotor Movements Manipulative Skills - kicking, catching dribbling			Team Game concepts Team Handball			Manipulative Skills - using Implements: paddle and swinging skills, Fitness Testing	Large Group Games	
1st Grade	Movement, Direction and Cooperative Activities	Locomotor Movements Manipulative Skills - kicking, catching dribbling			Team Game concepts Team Handball			Manipulative Skills - using Implements: paddle and swinging skills, Fitness Testing	Large Group Games	
2nd Grade	Review throwing & Catching Cooperative/Competitive Activities & Games Fitness Testing	Locomotor Movements Manipulative Skills - kicking, catching dribbling			Team Game concepts Team Handball			Manipulative Skills - using Implements: paddle and swinging skills, Fitness Testing	Large Group Games	
3rd Grade	Review throwing & Catching Cooperative/Competitive Activities & Games Fitness Testing	Locomotor Movements Manipulative Skills - kicking, catching dribbling			Team Game concepts Team Handball			Manipulative Skills - using Implements: paddle and swinging skills, Fitness Testing	Large Group Games	
4th Grade	Teamwork/cooperative activities Volleyball Intro to Components of Fitness/Testing - Flexibility	Football	Volleyball	Hockey / Holiday Games	Basketball Juggling	Nutrition / Teamwork activities / Pickleball		Softball	Lacrosse and Fitness Testing	Large Group Games
5th Grade	Teamwork/cooperative activities Volleyball Intro to Components of Fitness/Testing - Flexibility	Football	Volleyball	Hockey / Holiday Games	Basketball Juggling	Nutrition / Teamwork activities / Pickleball		Softball	Lacrosse and Fitness Testing	Large Group Games

6th Grade	Teamwork/cooperative activities Volleyball Intro to Components of Fitness/Testing - Flexibility	Football	Volleyball	Hockey / Holiday games	Basketball	Nutrition / Teamwork activities / Pickleball	Soccer and Softball	Lacrosse and Fitness Testing	Large Group Games
7th Grade	Teamwork/cooperative activities Volleyball Intro to Components of Fitness/Testing - Flexibility	Football	Volleyball	Hockey / Holiday Games	Basketball	Nutrition / Teamwork activities / Pickleball	Golf and Softball	Lacrosse and Fitness Testing	Large Group Games
8th Grade	Teamwork/cooperative activities Volleyball Intro to Components of Fitness/Testing - Flexibility	Football	Volleyball	Hockey / Holiday Games	Basketball	Nutrition / Teamwork activities / Pickleball	Field Day Planning Fitness & Games Drugs & Alcohol		Field Day

Service Projects									
Field Trips							8th grade Rock Climbing		