

May

Month of Mary

May 1

St. Joseph the Worker - *Patron Saint of Our School!*

Prayer: [Prayer to Saint Joseph the Worker](#)

Stories: [Franciscan Media Saint of the Day](#)

[Pope's Worldwide Prayer Network 2 min video](#)

[My Catholic Family 30 min animation](#)

Food: Make [Zeppole di San Guiseppe](#) (especially if you didn't get around to it for March 19th).

Activity: Today's feast is a great day to talk about the dignity of work, maybe even get a [Saint Joseph chore chart](#) going to motivate everyone.

[Coloring page](#)

May 2

St. Anthanasius, Doctor of the Church

Prayer: [Collect](#)

Stories: [Franciscan Media Saint of the Day](#)

Food: This saint was from Alexandria, which is located in Egypt, so try out some [Simple Egyptian Bread](#).

Activity: [Coloring page](#)

May 3

Sts. Philip and James, Apostles

Prayer: [Collect](#)

Stories:

[Franciscan Media Saint of the Day](#)

[Popes Worldwide Prayer Network 2 min video](#)

Food: Phillip assisted with the miracle of the fishes and the loaves. So serve up your favorite fish and bread in a basket!

Activity: [Coloring page](#)

May 8

World Day of Prayer for Vocations

Prayer: [Vocation Prayers](#)

Stories: [USCCB](#)

Food: Have a harvest dinner! Maybe get a few ingredients from the Esther Short farmers market or anything grown locally and pray the following from Scripture: "Pray the Lord of the harvest to send laborers into his harvest" (Mt 9:38; Lk 10:2).

Activity: [Vocation Worksheet](#)

May 9

St. Louise de Marillac

Prayer: [From Catholic Culture](#)

Stories: [Franciscan Media Saint of the Day](#)

Food: Have a baguette with soup in honor of this French saint who served the poor so diligently.

Activity: Donate the [needed items](#) to St. Vincent de Paul Society of Vancouver.

May 10

St. Damien

Prayer: [Collect](#)

Stories: [Franciscan Media Saint of the Day](#)

[11 min animated video for kids](#)

Food: He was the first Hawaiian saint so have a [luau](#) in his honor.

Activity: [5 ways to Teach children how to be like St. Damien.](#)

[Coloring page](#)

May 13

St. Our Lady of Fatima

Prayer: Say the rosary and/or the Fatima Prayer as [Our Lady told the shepherd children](#) to do.

Stories: [Franciscan Media Saint of the Day](#)

Here are some [Media resources](#) from Blessed is She, including a review of the 2020 Fatima movie and links to movies and books.

Food: Try some [Portuguese cuisine](#)!

Have a [Miracle of the Sun breakfast](#).

Activity: Try one of these [crafts](#) from Catholic Icing.

May 14

Sts. Matthias, Apostle

Prayer: [Collect](#)

Stories: [Franciscan Media Saint of the Day](#)

Food: Make your own easy [pita bread](#)!

Activity: Because the apostles prayed and cast lots to determine who would join them, spend time talking about prayer as a part of decision-making and maybe have a game night- Yahtzee?

May 18

St. John I

Prayer: [Collect](#)

Stories: [Franciscan Media Saint of the Day](#)

Food: He was born in Tuscany, so have [Zuppa Toscana](#) for dinner.

Activity: Discuss Jesus's words to us: "If you find that the world hates you, know it has hated me before you" (John 15:18).

May 20

St. Bernardine of Siena

Prayer: [St. Bernardine of Siena's prayer to the Holy Name of Jesus](#)

Stories: [Franciscan Media Saint of the Day](#)

Food: The first McDonald's opened in San Bernardino, CA which is named after our saint of the day! May be fun to have McDonald's and talk about how many places are named after our great saints. Or have Italian!

Activity: [Color](#) your own IHS Christogram.

May 21

St. Christopher Magallanes, Priest and Companions, Mexican Martyrs

Prayer: ¡Viva Cristo Rey! Recite the Cristeros battle cry hymn or the prayer mentioned [here](#).

Stories: [Franciscan Media Saint of the Day](#)

Learn about the Knights of Columbus shrine in Guadalajara and more [here](#).

[Meet 3 heroic priests who died in Mexico's Cristero War](#)

Food: It's Saturday! So have a [Mexican Fiesta](#)!

Activity: Take time to read the [25 names](#) of the men who laid down their lives for Christ.

May 22

St. Rita of Cascia

Prayer: [Prayer to Saint Rita in Special Need](#)

Stories: [Franciscan Media Saint of the Day](#)

[Ep. 82 Saint Stories for Kids](#)

Food: Have a simple rose tea with fig bars to remember this [story](#) of St. Rita.

Activity: Because St. Rita is a patron saint of impossible causes, create a [special place](#) to keep family prayer intentions, like a prayer board.

May 25

St. Bede the Venerable

Prayer: [Prayer of Saint Bede](#)

Stories: [Franciscan Media Saint of the Day](#)

Food: Have an [8th century feast](#).

Activity: Sing Saint Bess's favorite hymn the [Gloria Patri \(Glory Be\)](#) that he sang before he died.

May 26

The Ascension of the Lord

Prayer: [My Catholic Life! Prayer Meditation](#)

Stories: Luke 24:50-51; Acts 1:9-11

[My Time with Jesus 30 min animated video](#)

Food: Have a [hilltop picnic](#) or any cloud-like food (popcorn, marshmallows, mashed potatoes, egg whites).

Activity: [Ascending Jesus Craft](#)

May 30

St. Joan of Arc

Prayer: [Prayer to St. Joan of Arc in Times of Trouble - Archdiocese of New ...](#)

Stories: [Story of Saint Joan of Arc | Stories of Saints | EP86 - YouTube](#)

Food: [Quiche Lorraine for St. Joan of Arc - Catholic Cuisine](#)

Activity: [St. Joan of Arc Coloring Page - Catholic Icing](#)

May 31

The Visitation of Mary

Prayer: Perfect day to say a Hail Mary or pray the Joyful Mysteries of the rosary. Part of the Hail Mary is from the story of the Visitation (Luke 1:41-43).

Stories: Luke 1:39-56

[5 minute Ignatius Press dramatization](#)

[8 Things You Need to Know about the Visitation](#)

Food: It's the last day of the month of Mary and a Marian feast day. Have some fun [Marian food](#) to celebrate!

Activity: Make it a point to visit with someone or invite someone over.

Leap with joy like John the Baptist did in Elizabeth's womb.