



ST. JOSEPH  
CATHOLIC SCHOOL

# PARENTS IN PRAYER

## October Feasts and Saints

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### October

#### *Month of the Holy Rosary*

Earn the Catholic Sprouts Rosary challenge patch with your kids! [Catholic Sprouts Challenge Patches](#)

October 1

#### **St. Thérèse of the Child Jesus**

Prayer: [Prayers to St. Thérèse](#)

Story: [My Catholic Family](#)

**Food:** Anything French or flowery! We love making [roses out of strawberries](#) and serving with [crepes](#) or French toast.

**Activity/Craft:** Make [Good Deed Beads!](#)

October 2

#### **Holy Guardian Angels**

Prayer: [Guardian Angel Prayers - Prayers - Catholic Online](#)

Story: [My Time with Jesus -The Guardian Angels - YouTube](#)

**Food:** [Easy Angel Cookies - Catholic Icing](#)

**Activity/Craft:** [Guardian Angel Prayer Activities - The Catholic Toolbox](#)

October 4

#### **St. Francis of Assisi**

Prayer: [St. Francis of Assisi National Shrine: Franciscan Prayers](#)

Story: [St. Francis of Assisi, Founder of the Franciscan Order, Patron of Italy](#)

[The Little St. Francis - YouTube](#) (for kids)

[The Little Francis: The Wolf of Gubio - YouTube](#) (for kids)

[Saint Stories for Kids Podcast: Ep. 51 - St Francis of Assisi](#)

**Food:** Try [A Taste of Umbria with St. Francis of Assisi - Catholic Cuisine](#)

or a simple & quick-to-make treat with [Wolf Paw Cookies \(based on the story of St. Francis & the Wolf\) - Catholic Cuisine](#)

[Another Variation of Wolf Paw Cookies for the Feast of St. Francis](#)

**Activity/Craft:** [Saint Francis of Assisi Coloring Page - TheCatholicKid.com](#)

October 5

**St. Faustina Kowalska**

**Prayer:** [The Prayers of Saint Faustina](#)

[How to Pray the Divine Mercy Chaplet - Pray More Novenas](#)

**Story:** [St. Maria Faustina Kowalska - Biography | The Divine Mercy](#)

**Food:** [Divine Mercy Pancakes - Catholic Cuisine](#)

Try Pierogi, a Polish favorite, in honor of this Polish Saint: [Pierogi recipes and "how to make" - original Polish tradition with tips ...](#)

**Activity/Craft:** [Divine Mercy Jesus Craft - Catholic Icing](#)

October 6

**Bl. Marie Rose Durocher**

**Prayer:** [Catholic Prayer: Collect for Blessed Marie Rose Durocher](#)

**Story:** [Pope's Worldwide Prayer Network Franciscan Media Saint of the Day](#)

**Food:** Try some [Canadian favorites](#)! But really, anything with Maple Syrup will do.

**Activity/Craft:** Do a chore for someone or clean the house together because Bl. Marie Rose served as a housekeeper for 13 years.  
[Coloring Page](#)

October 7

**Our Lady of the Rosary**

**Prayer:** Great day for a family rosary or even just a decade! (The car ride home from school is the perfect place to do this. Just play [this](#) recording.)

**Story:** [Saint of the Day](#)  
[A Feast for All Time](#)

**Food:** [Edible Rosary](#)

**Activity/Craft:** [Make your own rosary](#)  
[Color a rosary](#)

[Tea light rosary](#) - In the evening, in a dark room, take turns lighting each candle.

October 9  
**Saint Denis, Bishop and Companions, Martyrs**

**Prayer:** [Try this short prayer to St. Denis and enlist his help against all types of woes.](#)

**Story:** [St. Denis and Companions - My Catholic Life!](#)

**Food:** [Saint Denis Tartlets](#), [St. Denis Turnovers](#)

**Activity/Craft:** [Saint Denis Coloring Page - TheCatholicKid.com](#)

October 11  
**St. John XXIII**

**Prayer:** [The Daily Decalogue of Pope John XXIII - Appleseeds.org](#)

Scroll down the page for prayers by St. John XXIII to Sts. Mary & Joseph: [St. Pope John XXIII: October 11 | saints-feast-family](#)

**Story:** [Saint of the Day - Saint John XXIII | Franciscan Media](#)

**Food:** [Papal Polenta - Catholic Cuisine](#)

**Activity/Craft:** [Saint John XXIII Activity | Download | Sadlier Religion](#)

October 14  
**St. Callistus I**

**Prayer:** [PRAYER ON THE MEMORIAL OF ST CALLISTUS](#)

**Story:** [Saint of the Day - Saint Callistus I | Franciscan Media](#)

**Food:** [Pumpkin Carbonara, Pumpkin Rolls & Spiced Pumpkin Butter | saints-feast-family](#)

**Activity/Craft:** In honor of this Pope, who was once in charge of a Christian cemetery in Rome, consider visiting a cemetery and/or saying a prayer for the poor souls.

October 15

**St. Teresa of Jesus (Avila)**

**School theme, *Christ has no body, but yours***

[Sacred Music of St. Teresa of Avila reflection](#)

**Prayer:** [Prayer of Saint Teresa of Avila | EWTN](#)

**Story:** [Saint Series for Kids Podcast: Ep. 41 - St. Teresa of Avila](#)

[TOP 25 QUOTES BY TERESA OF AVILA \(of 286\) | A-Z Quotes](#)

**Food:** [Pan de Santa Teresa ~ St. Teresa's Bread - Catholic Cuisine](#)

In honor of this Spanish Saint, try this easy [Spanish Omelette recipe](#)

**Activity/Craft:** [St. Teresa of Avila Craft {Liturgical Ornament} - Catholic Inspired](#)

[St. Teresa Of Avila- How To Draw Video AND Coloring Page!](#)

October 16

**St. Margaret Mary Alacoque**

**Prayer:** [Consecration to the Sacred Heart By Saint Margaret Mary Alacoque](#) (video & text)

**Story:** [Once Upon a Saint - St. Margaret Mary Alacoque - October 16th](#) (for kids)

[Saint of the Day - St. Margaret Mary Alacoque | Franciscan Media](#)

**Food:** Focus on the sweetness of God's Love & Mercy with [Sacred Heart Cookies - Catholic Cuisine](#)

[Sacred Heart Cupcakes](#)

**Activity/Craft:** [Sacred and Immaculate Hearts Crafts and Activities - CATHOLIC ...](#)

[Sacred Heart of Jesus Coloring Pages - Look to Him and be Radiant](#)

October 17

**St. Ignatius of Antioch**

**Prayer:** [For Prayer & Reflection: St. Ignatius of Antioch - Aleteia](#)

**Story:** [St. Ignatius of Antioch - Saints & Angels - Catholic Online](#)

**Food:** [St. Ignacio's Nachos - Catholic Cuisine](#) - Little boys baptized with the name "Ignatius" in Spanish families are actually called "Nacho" for short.

(Whole wheat bread would also be appropriate for the feast of St. Ignatius of Antioch, as he wrote: "I am the wheat of Christ, ground by the teeth of beasts to become pure bread.")

**Activity/Craft:** [Sprouting Wheat - Getting Ready for St. Ignatius of Antioch](#)

Listen to the Epistles of this Early Church Father: [The Epistles of Ignatius by St. Ignatius of Antioch \(FULL Audiobook\)](#)

October 18

**Feast of Luke, Evangelist**

**Prayer:** [Prayer to St. Luke for those going into surgery - Aleteia](#)

**Story:** [Luke an Ox?](#)

**Food:** [Cute & Easy Cookie Recipe to Honor this Patron Saint of Artists](#)

**Activity/Craft:** [St. Luke Craft {Liturgical Ornament} - Catholic Inspired](#)

October 19

**Sts. John de Brébeuf, Isaac Jogues and Companions**

**Prayer:** [Liturgical Year : Prayers : A Prayer to the North American Martyrs](#)

**Story:** [Loyola Press - Saints John de Brebeuf, Isaac Jogues, and Companions](#)

**Food:** Perhaps try a Canadian dish, or make some cornbread, as corn was a staple food of the Huron people among whom the martyrs lived and worked.

**Activity/Craft:** Watch this brief video tour and history of Canada's National Shrine to the North American Martyrs, St. Jean de Brébeuf and his companions, located in Tay, Ontario, Canada: [A Brief Look Inside the Martyrs' Shrine](#)

October 20

**St. Paul of the Cross**

**Prayer:** [Prayer to St Paul of the Cross](#)

**Story:** [Saint of the Day: Saint Paul of the Cross - My Catholic Life!](#)

**Food:** [Passionist Cupcakes for St. Paul of the Cross - Catholic Cuisine](#)

**Activity/Craft:** Pick a Gospel & read the account of Jesus' Passion & Death. Talk about Jesus' Passion as a family.

October 22

**St. John Paul II**

**Prayer:** [Prayers from St. JP II](#)

**Story:** [EWTN Animated Special Feature](#)

[Life of a holy pope animation](#)  
[Rome Reports](#)

[Franciscan Media saint of the day](#)

**Food:** Make JP2's favorite [dessert](#)!  
Make anything [Polish](#)!

**Activity/Craft:**

Make a [toilet paper roll mitre](#).  
And listen to the best [song](#) ever made!

October 23

**St. John of Capistrano**

**Prayer:** [Traditional Catholic Prayers](#)

Ask this saint to help you make an important decision or help children discern their vocation.

**Story:** [John of Capistrano - Franciscan Saints](#)

[St. John Capistrano, the Soldier Saint - Word on Fire](#)

[St. John of Capistrano: "The Lord Who Made the Beginning Will Take Care of the Finish!"](#)

**Food:** The "Soldier Saint" died in Hungary so make something [Hungarian](#) in his honor.

Or have your favorite Italian dish since he was Italian. Or...make anything "California Style" by adding avocado 🥑

**Activity/Craft:** Read the [Story of the Swallows](#) about the California mission that was named after this great saint and learn to [draw a swallow](#).

October 28

**Feast of Simon and Jude, Apostles,**

**Prayer:** [PRAYER TO ST SIMON AND ST JUDE, APOSTLES](#)

[Novena to Saint Jude, the Patron of Hopeless Causes and Desperate Situations](#)

**Story:**

[Saint Stories for Kids Podcast: Ep. 88 - St. Jude](#)

[Word on Fire - Simon, Jude, and How to Disappear Into the Church's Mission](#)

**Food:** [Try a Fusion of Filipino & Armenian Dishes in Honor of Jude the Apostle: Oct 28 | saints-feast-family](#)

**Activity/Craft:** [St. Jude Coloring Pages | The National Shrine of Saint Jude](#)

October 31

**All Hallows Eve**

**Prayer:** [The Pumpkin Prayer For Christian Kids - Catholic Icing](#)

**Story:** [History of All Hallows' Eve | Catholic Culture](#)

[Explaining Halloween to Catholic Kids- How it Goes ... - Catholic Icing](#)

[Ideas for How to Celebrate Halloween as a Catholic - Cora Evans](#)

**Food:** <https://catholiccuisine.blogspot.com/2011/10/soul-cakes-original-halloween-treat.html>

[Candy Caramel Corn for All Hallows' Eve - Catholic Cuisine](#)

**Activity/Craft:** [Saint-O-Lantern Link Up! Carving Templates - Catholic Cuisine](#)