



Parents in Prayer
September Saints & Feasts
Month of the Seven Sorrows of Mary
[Teaching Kids About Our Lady Of Sorrows](#)

September 3rd

St. Gregory the Great

Prayer: [Collect Prayer](#)

Stories: [Stories of the Saints Read-Aloud Series: St. Gregory the Great](#)

Saint of the day from Franciscan Media: [Saint Gregory the Great](#)

[Saint Stories for Kids Podcast Ep 86 - St. Gregory the Great](#)

Activity: Listen to some Gregorian chant! [Cantos Gregorianos Em Português](#), [Canto Gregoriano - Gloria](#), [Canto Gregoriano - Coro De Monjes Del Monasterio Benedictino De Santo Domingo De Silos](#), [Cantos Gregorianos](#)

September 5th

St. Teresa of Calcutta

Prayer: [Mother Teresa's Treasured Prayers](#)

Story: [Saint Stories for Kids Podcast: Ep. 35 St Teresa of Calcutta](#)

[Brother Francis - St. Teresa of Calcutta Video for Kids](#)

Food idea: [Crock Pot Pineapple Curry Chicken - Catholic Cuisine](#)

[Mother Teresa Tea & Indian Bread - Catholic Cuisine](#)

Activity or craft: [Coloring Pages & Resources for Teaching about St. Teresa of Calcutta](#)

[MOTHER TERESA WITH DOMED HEAD: TOILET ROLL FIGURE](#)

[St. Teresa of Calcutta Paper Bag Saint Puppet \(\\$3 for 50 Saint Puppets Templates\)](#)

September 8th

Feast of the Nativity of the Blessed Virgin Mary

Prayer: [How to pray the Rosary](#)

Story: [Feast of the Nativity of the Blessed Virgin Mary - My Catholic Life!](#)

Food idea: [Birthday Cupcakes for Mary](#)

Activity or craft: [Mary Crafts And Activities For Catholic Kids](#)

September 9th

St. Peter Claver

Prayer: [USCCB St. Peter Claver Prayer Service](#)

Story: [Saint Stories for Kids Podcast: Ep. 36 St Peter Claver](#)

[Saint of the Day - St. Peter Claver, Priest - My Catholic Life!](#)

[Saint Peter Claver | Franciscan Media](#)

Activity or craft: [Saint Peter Claver Activity | Download | Sadlier Religion](#)

September 13th

St. John Chrysostom

Prayer: [Prayer is the light of the soul](#)

Story: [Saint John Chrysostom | Franciscan Media](#)

[Saint John Chrysostom- YouTube](#)

Food idea: Eat something “gold” colored in honor of this “golden-mouthed” Saint. Ideas here: [The Golden-mouthed Saint - Catholic Cuisine](#)

Activity or craft: [St. John Chrysostom Craft {Liturgical Ornament} - Catholic Inspired](#)

September 14th

Feast of the Exaltation of the Holy Cross

Prayer: [Prayer Found Under Christ's Sepulchre 1503 AD](#)

Story: [Exaltation of the Holy Cross | Franciscan Media](#)

Food idea: [Herb on the Hill of the Cross](#)

Activity or craft: [Exaltation of the Cross ~ Ideas, Projects and Crafts {+Link-Up}](#)

September 15th

Feast of Our Lady of Sorrows

Prayer: [The Chaplet of the Seven Sorrows](#)

Story: [The Feast of Our Lady of Sorrows - Catholic Education Resource ...](#)

Food idea: [Seven Sorrows cookies](#)

Activity or craft: Give each child or family member 7 lemon drops (or salted almonds, etc.). With each morsel reflect on a sorrow of Christ's suffering mother before eating. [Tears of Our Lady - Catholic Cuisine](#)

September 16th

Sts. Cornelius and Cyprian

Prayer: [Collect](#)

Story: [Saints Cornelius and Cyprian | Loyola Press](#)

Food idea: Try a food experiment and start making [Amish Friendship Bread](#) in honor of these saintly friends.

Activity or craft: Take turns telling each other what you love or appreciate about one another like Cyprian did for his brother bishop Cornelius [here](#).

September 17th

St. Hildegard of Bingen

Prayer: [St. Hildegard von Bingen Prayers](#)

Story: [Saint Stories for Kids Podcast: Ep. 37 St Hildegard of Bingen](#)

Food idea: [Hildegardplätzchen \(St. Hildegard Spice Cookies\) - Catholic Cuisine](#)

Activity or craft: [Hildegard Von Bingen Kaleidoscopes](#)

September 20th

Sts. Andrew Kim Taegon, Paul Chong Hasang and companions

Prayer: The prayer is at the end of the reflection - [The Memorial of the Korean Martyrs – Sts Andrew Kim Taegon, Paul](#)

Story: [Sts. Andrew Kim Tae-gŏn, Paul Chŏng Ha-sang, and Companions](#)

[Who was St. Paul Chong Hasang?](#)

Food idea: Korean Fried Chicken (at bottom of post): [St. Andrew Kim Taegon: 9.20 | saints-feast-family](#)

Bulgogi & Yangnyum Kangang Sauce: [In Honor of the Korean Martyrs - Catholic Cuisine](#)

Activity or craft: [St. Paul Chong Hasang Coloring Page](#)

September 21st

St. Matthew the Apostle/Evangelist

Prayer: [Four Evangelists Prayer](#)

Story: [St. Matthew](#)

Food idea: [St. Matthew's Silver Dollar Pancakes](#)

Activity or craft: Play monopoly or some other money exchange game, talk about each person's name in your family and why it is special or how each person can choose to follow Christ today

September 23rd

St. Pio of Pietrelcina

Prayer: [Prayer to Padre Pio](#)

Story: [Saint Stories for Kids Podcast: Ep. 38 St Padre Pio](#)

[My Catholic Family - Padre Pio](#)

Food idea: donuts! "[Pray, Hope, and "Donut" worry!](#)" and/or anything Italian (maybe even a pizza night!)

Activity or craft: Talk about Padre Pio's special gift for seeing guardian angels (whose feasts we will celebrate 10/2) [Padre Pio and the Guardian Angels](#)

Coloring page: [Padre Pio](#)

September 24th

Feast of Our Lady of Mercy

Prayer: [Prayer to Our Lady, Mother of Mercy](#)

Story: [Our Lady of Ransom \(9/24/16\)](#)

National Catholic Register: "[Who Ya Gonna Call? Our Lady of Ransom!](#)"

Food idea: Anything Spanish, especially Barcelona favorites: [Pan Con Tomate](#)

Activity or craft: Visit, call, or write to someone who is isolated and tell them the story of Our Lady of Ransom.

September 27th

St. Vincent de Paul

Prayer: [Litany of St. Vincent de Paul](#)

Story: [Story of Saint Vincent de Paul | Stories of Saints | Episode 110](#)

Food idea: Try any French food on the feast day of this French Saint! Recipe for a rustic apple tart and more ideas here: [St. Vincent de Paul: 9.27 | saints-feast-family](#)

Activity or craft: [Celebrating the Feast Day of St. Vincent de Paul with Students](#), and learn about our local St. Vincent de Paul Society and/or make a donation of food, gently used clothing, or hygiene products to help those in need in our local community: <https://svdpvancouverusa.org>

September 28th

St. Wenceslas

Prayer: [Collect](#)

Story: [St. Wenceslaus](#) Story, from Pope's Worldwide Prayer Network

Food idea: Sometimes an eagle symbol is associated with St. Wenceslas because he was the King of Bohemia...try these eagle themed food ideas from Catholic Cuisine for something fun! [Edible Eagles](#)

Activity or craft: Listen to the song "Good King Wenceslas": [Good King Wenceslas](#)

September 29th

Sts. Michael, Gabriel, & Raphael, Archangels (Michaelmas)

Prayer: [Archangel Novena](#)

Story and food idea: Check out the Saints, Feast, Family blog for information, prayers and some traditional Michaelmas food ideas: [Michaelmas: Sept 29 | saints-feast-family](#)

More Michaelmas food ideas on the Carrots for Michaelmas blog: [Michaelmas Traditions: Prayers, Food, and Flowers](#)

Activity or craft: Color and make paper prayer ornaments for each of the archangels: [Celebrating the Feast of the Archangels](#), Let your kids vanquish a devil piñata and other fun ideas: [Fun, Feasting, and Beating the Devil With Swords: a Family Michaelmas](#)

September 30th

St. Jerome

Prayer: [St. Jerome Prayer](#)

Story: [Saint Stories for Kids Podcast: Ep. 39 St Jerome](#)

Food idea: [St. Jerome and the Lion Cupcakes](#)

Activity or craft: Lion mask craft: [Lion Mask | Free Printable Templates & Coloring Pages](#)